

**November**

**Sublette Lunch Menu**

**2010**

**Sun                      Mon                      Tue                      Wed                      Thu                      Fri                      Sat**

**1** Biscuit & Sausage Gravy  
\*\*\*\*\*  
BBQ Beef / Bun  
Tater Tots  
Peas  
Yellow Cake  
Milk

**2** Pumpkin Muffin & Fresh Apple  
\*\*\*\*\*  
Chicken-a-la-King / Noodles  
Peas & Carrots  
Apple Wedge  
Biscuit  
Milk

**3** Cheese Omelette & Toast  
\*\*\*\*\*  
Beef Fajita / Grilled Veggies  
California Blend Veggies  
Pineapple Slices  
Milk

**4** French Toast w/ Syrup  
\*\*\*\*\*  
Ham & Cheese / Bun  
Hash Browns  
Peaches  
Milk

**5** Breakfast Pizza  
\*\*\*\*\*  
Cheesy Steak Sandwich  
Tater Tots  
Kiwi  
Milk

**6**

**7**

**8** Scrambled Eggs w/ Toast  
\*\*\*\*\*  
Beef Steak Fingers  
Mashed Potatoes / Gravy  
Peas  
Pineapple Chunks  
Sliced Bread  
Milk

**9** Biscuit w/ Ham  
\*\*\*\*\*  
Hamburger / Bun  
Red Potatoes w/ Herbs  
Tropical Fruit  
Milk

**10** Waffles w/ Syrup  
\*\*\*\*\*  
Chicken Strips  
Crispy Cube Potatoes  
Fruit for Salad  
Roll  
Milk

**11** Blueberry Coffee Cake  
\*\*\*\*\*  
Chili w/ Crackers  
Apple Sauce  
Cinnamon Roll  
Milk

**12** Breakfast Bites w/ Syrup  
\*\*\*\*\*  
Soft Taco  
Spanish Rice  
Mango  
Cinnamon Puffs  
Milk

**13**

**14**

**15** Banana Muffin w/ Fresh Oranges  
\*\*\*\*\*  
Spaghetti w/ Meat Sauce  
Peaches  
Garlic Bread  
Milk

**16** Breakfast Bites w/ Syrup  
\*\*\*\*\*  
Cheese Pizza  
Fresh Veggies  
Apple Wedge  
Choc Chip Cookie  
Milk

**17** Biscuit w/ Sausage  
\*\*\*\*\*  
Chicken Nuggets  
French Fries  
Pears  
Roll  
Milk

**18** French toast w/ Syrup  
\*\*\*\*\*  
Turkey & Dressing  
Mashed Potatoes w/ Gravy  
Green Bean Casserole  
Fruit Salad  
Roll  
Pumpkin Pie  
Milk

**19** Biscuit & Sausage Gravy  
\*\*\*\*\*  
Frito Chili Pie  
Pineapple Slices  
Chocolate Cake  
Milk

**20**


**21**

**22** English Muffin w/ Sausage Pattie  
\*\*\*\*\*  
Chicken w/ Noodles  
Mashed Potatoes  
Green Beans  
Pineapples & Grapes  
Roll  
Milk

**23** Waffles w/ Syrup  
\*\*\*\*\*  
Beef Burrito  
Refried Beans / Chips  
Mandarin Oranges  
Milk

**24                      25                      26                      27**

*No Classes -  
Thanksgiving Break*



**28**

**29** Breakfast Pizza  
\*\*\*\*\*  
Beef Mexicup  
Spanish Rice  
Tropical Fruit  
Milk

**30** Apple Muffin w/ Fresh Banana  
\*\*\*\*\*  
BBQ Rib  
AuGratin Potatoes  
Pineapple Chunks  
Roll  
Milk

**This institution is an equal opportunity provider.**